The ONLY local paper north of Mt Colah letter-box delivered weekly ... covering Hornsby to the Hawkesbury River!

# oushtelegrap

BCC READY FOR A SUMMER OF GRICKET



Saturday 5th September at 4pm & 7:30pm Members \$17\* Visitors \$20\*



Plus. It's All About Food p12-13 • Home Improvements p14-17 • Quarry plans revealed p4

Tickets Only \$37\*



Friday 25th September at 10:30am Tickets Only \$24\*

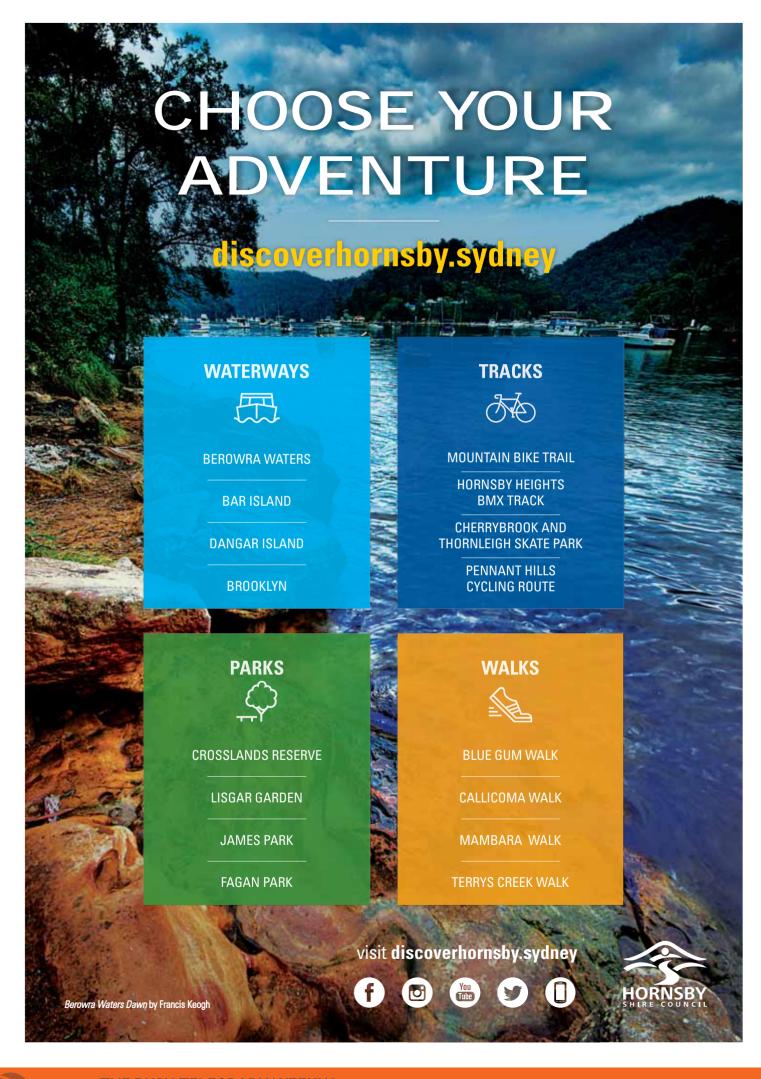


**BOOK TICKETS TODAY** www.hornsbyrsl.com.au (02)947777774 High St, Hornsby 2077 \*Ticket price inclusive of \$2 booking fee



DOWNLOAD OUR APP it's FREE! Simply search for Hornsby RSL on iTunes or the Google Play store! GAIN INSTANT ACCESS TO COUPONS, DEALS, THE LATEST CLUB INFORMATION & MORE!





# BFROWRA RFB WIN FIRF FIGHTING AWARDS

Story by Councillor Mick Gallagher (A thanks for additional info provided by James Baird, D/Capt Berowra RFB)

Prepare, Act, Survive Berowra Rural Fire Brigade (RFB) has taken out two of the three annual awards for fire fighting efficiency. They scooped up the Bob Schofield Award for Excellence in Training, and also the District Exercise Shield.

The awards were presented at the Mavor's annual dinner, held at Hornsby RSL on 31 July 2015, which recognises the service given by volunteer fire fighters of the Hornsby/ Ku-ring-gai Rural Fire District. "This annual event is the social highlight of the year, giving fire fighters a night to catch up with friends and colleagues before the start of the coming fire season,' said James Baird, Deputy Captain Berowra (RFB).

The awards were presented by Hornsby Shire Council Mayor Steve Russell and NSW RFS Commissioner. Shane Fitzsimmons of Berowra. Mt Kuring-gai RFB (Capt Scott Jones) also did well by winning the Rob Tickell Navigation Trophy (Cowan RFB came in 2nd and Arcadia 3rd), Mt K also came 3rd in the District Exercise Championships.

"Each year the Brigades compete in the annual District Exercise Shield. The exercise was held in Berowra on Saturday 18 July, and included a number of challenges including navigation, fire related scenarios such as simulated car fires. conducting property protection, and pumping. This year Berowra RFB was the winner [with Dural 2nd and Mt Kuring-gai 3rd]," said a proud D/ Capt James Baird.

The Bob Schofield Award for Training Excellence (won by Berowra RFB

with Dural 2nd and Kuring-gai 3rd) recognises the contribution of the brigade to training of its members within the brigade and the Hornsby Ku-ring-gai District over the previous 12 months. Berowra has numerous training instructors who have completed some 2000 plus hours of training within the Brigade, across the district, and within NSW. At the invite of SUPT District Mgr Mark Sugden NSW RFS, I joined my Mayor and fellow Councillors and was seated next to H/K District RFS Chaplain Christopher Pears of the Hornsby Heights Anglican Church. Our local State MP, Matt Kean, was also there and gave an excellent speech.

For further info on joining the RFS visit contact www.rfs.nsw.gov.au

Photos: as supplied by James Baird (D/Capt Berowra RFB). Top right: District Exercise Shield presentation - Steve Russell, Brad Allan Mt Ku-ring-gai RFB, Kevin Ho Dural RFB, James Baird Berowra RFB. Bottom right: Rob Tickell Trophy presentation - Steve Russell, Mel Byrne Arcadia RFB, Graeme Horne Cowan RFB, Neville Harrison Mt Ku-ring-gai RFB.

**District Exercise Shield:** 1st Berowra, 2nd Dural, 3rd Mt. Ku-ring-gai.

**Bob Schofield Award For Training** Excellence: 1st Berowra, 2nd Dural, 3rd Kuring-gai.

**Rob Tickell Navigation Trophy:** 1st Mt. Ku-ring-gai, 2nd Cowan, 3rd Arcadia.

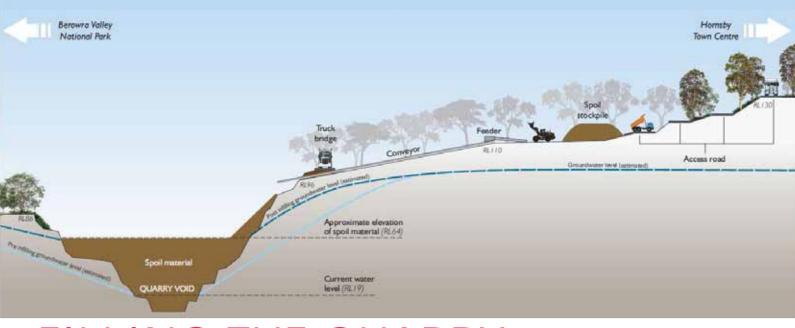






SELLING, BUYING, RENTING STRATA MANAGEMENT 9456 9999

2 Berowra Waters Road info@richarddutton.com.au



# FILLING THE QUARRY

he NSW Government invites the community to **HAVE** A SAY on the Environmental Impact Statement (EIS) for the use of the Hornsby Quarry for the NorthConnex project. Hornsby State Liberal MP Matt Kean said Roads and Maritime had prepared the EIS around the proposal to handle, manage and reuse clean fill from the NorthConnex project at the Hornsby Quarry site "The EIS assesses the potential environmental and social impacts of the Hornsby Quarry spoil management project and outlines management and mitigation measures," Mr Kean said. The Hornsby Quarry site covers about 35 hectares and was a breccia hard rock quarry from the early 1900s until the late 1990s. The site is zoned public recreation (RE1) under the Hornsby Local Environmental Plan 2013 (Hornsby LEP). Council has opened the areas outside of the void safety exclusion zone for recreational activities including bushwalking and mountain biking. The void itself is steep, potentially unstable and flooded with

Excavation of the nine kilometre long NorthConnex tunnel that will link the M1 Pacific Motorway at Wahroonga to the Hills M2 Motorway at West Pennant Hills will produce around 2.6 million cubic metres of spoil.

Roads and Maritime Services (RMS) is proposing to handle, manage and reuse about 1.5 million cubic metres of spoil from NorthConnex at Hornsby Quarry. The project would cost around \$22 million and would be jointly funded by the NSW and Federal governments and the Hornsby Shire Council. Work would be carried out by the Lend Lease Bouygues Joint Venture (LLBJV).

# Partially filling the quarry with spoil from NorthConnex would:

- Support Hornsby Shire Council's plan to rehabilitate the Hornsby Quarry site into a recreational facility
- Minimise the overall distances required for transporting the NorthConnex project spoil by around 2 million kilometres – the equivalent of 47,000 truck journeys
- Reduce the community's and Hornsby Shire Council's ongoing maintenance cost associated with quarry stabilisation

#### Construction activity will include:

- Assessing and monitoring quarry wall stability
- · Dewatering the quarry
- Reconfiguring some of the existing Hornsby Mountain Bike Trail and walking tracks
- Clearing vegetation and establishing erosion and sediment controls
- · Establishing noise mounds
- Widening and sealing of Bridge Road and access track
- Temporary closure of Roper Lane at its connection to Bridge Road
- Constructing a conveyor to transport spoil from the stockpile

area at Old Man's Valley to the quarry floor

- Spoil haulage by truck to the quarry over a maximum 28 months
- Filling the quarry with spoil

The project is expected to take about 33 months to complete, starting from late 2015, subject to project approval.

#### THREE DROP-IN SESSIONS ...

will provide community members the chance to learn more and speak to the project team.

These sessions will be held on Wednesday 12 and Wednesday 19 August between 6pm and 9pm at Hornsby RSL and Saturday 22 August between 1pm and 4pm at Hornsby War Memorial Hall.

To make a submission on the EIS, please send your comments in writing to the DPE by 4 September 2015.

Lodge your submission online: www.majorprojectsplanning.nsw. gov.au





SCHOOLS' EXPO Sat 15th & Sun 16th August

The Concourse, Chatswood

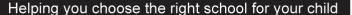
10am–4pm. FREE ADMISSION

www.schoolexpo.com.au

Featured will be Boys', Girls' and Co-ed schools from Preschool through to Year 12



Proudly supported by: THE CONCOURSE





# WATER QUALITY CONCERNS RAISED BY BDCA

Members of the Berowra and District Community Association (BDCA) and Hornsby Shire Council (HSC) environmental and water catchment team attended an inspection of the Hornsby Sewerage treatment plant (STP) on Friday 31st July.

This inspection was a result of BDCA raising concerns with Hornsby Council and Sydney Water about the recurrent problem of unsatisfactory water quality in Berowra Creek after heavy rains when the STP fails to fully cope with the increased water flow.

The Sydney Water team consisted of plant and district managers, scientist and educators who took the group through the various stages from the stratification of solids, to the bacterial breaking down of nutrients and the disinfectant of the treated fluid that is then released into Berowra Creek. After the inspection all stakeholders joined in a round-the-table discussion regarding the issues relating to discharges into Berowra Creek and actions to implement improvements to ensure a high degree of water quality in the future.



#### Some of the issues discussed included:

- Problems of storm water entering sewer system and other pollutants of Berowra Creek
- Impact of large population increases in the Hornsby areas and Sydney Water's reactive strategies to this increase.
- Independent and EPA tests that have shown water quality in Crosslands were not up to Beach Watch water standards and people still using and swimming in polluted water and HSC responsibility and duty of care.

A key point raised was that Sydney Water was to work cooperatively with Hornsby Council, the BDCA and community groups to improve goals and targets to reduce pollution and eventually eliminate all pollution into Berowra Creek from the plant.

In particular Hornsby Council and Sydney Water agreed on improvements in communication so that in times of high pollution levels at Crosslands, people can be warned of the dangers.

**Photo:** (I-r) BDCA members Michael Mc Nally, Noel and Rae Rosten, John Farquhar and Mick Marr at the Hornsby Sewerage Treatment Plant inspection.

BDCA invites you to their meetings on the fourth Wednesday of each month 7.30pm at the Berowra District Hall, corner of Berowra Waters and Crowley Road Berowra.

#### **70TH ANNIVERSARY OF VICTORY**

IN THE PACIFIC AND VIETNAM VETERANS DAY

The 15th of August 2015 commemorates 70 years since the surrender of Japan in 1945, marking the end of World War 2.

To commemorate this significant event, plus, to mark the service of the Australian Army in Vietnam, the Berowra RSL sub-Branch will conduct a joint VP Day and Vietnam Veterans Day at the Village Green near the crossroads at Berowra Heights on Sunday August 16th 2015.

The service will commence at 11am and as many WW2 and Vietnam veterans as is possible are encouraged to attend. Members of the public are also invited to attend to mark this occasion.

Medals should be worn. Descendants attending should wear the medals of a deceased veteran on the right breast.

Berowra Apex Club will be providing a Sausage Sizzle for a gold coin donation.

Enquiries to the Berowra sub-Branch Treasurer, Jamie Roberts, on 9456 3860.

# Getting your home ready for a spring sale

Selling a home doesn't happen

overnight. To maximise your

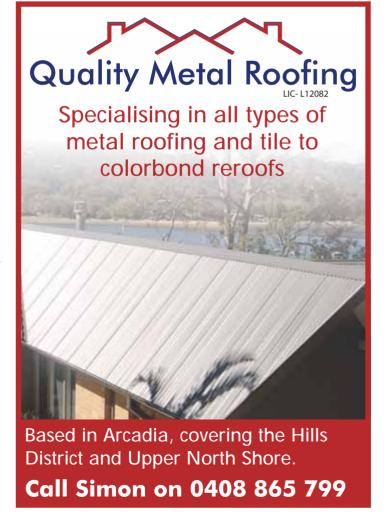
sale price, stand out from the competition and sell quickly, your home needs to go on the market in tip-top condition. Here are a few steps you need to take now to be ready for a spring sale. A pre-sale building and pest inspection will let you know if there are issues with your home that you may need to address before going on the market. It is better to know about them early so you can fix them prior to going to market. When you're trying to sell your home, the less-is-more approach applies. Put away big furniture and personal items. Store or put away all the things you won't be using until vou move into vour new home. It is a good idea to have the home fresh and clean. Consider cleaning rugs, refinishing hardwood floors or painting kitchen cabinets. If you plan to sell in the spring, we have an extensive list of contractors who can help spruce up your home quickly.



The sale of your home is likely one of your biggest financial transactions. Get a real estate agent on your team early, and make a list of all the tasks you need to complete before listing this spring. Now is the time to have those discussions. Smart planning and a good strategy will ensure a quick, painless and profitable home sale.

If you would like more information please contact Karen Hardy on 0405 759 556.

Laing +Simmons | Hornsby



# LETTERS TO THE EDITOR

Dear Bush Tele,

# BEROWRA WATERS ROAD CHANGES

At last, local residents can enjoy a better road with better drainage and guttering. However, it has come at the expense of:

- Loss of several off-street parking spaces near the corner of Turner Road and BW Road; and
- Loss of the bus stop for service 597 to Hornsby at morning and afternoon peak times.

'garden' constructed where the offgarden' constructed where the offstreet parking now is and that it will be similar to the six other 'gardens' along Turner Road. While this seems to be a positive, I am concerned that it will not be maintained by Council, as seems to be the case with the existing ones, which have accumulated cans, bottles and other rubbish in them. I am unhappy that Council has decided to do this without input from local residents. It makes me, and I am

Berowra Resident

Dear Bush Tele,

Berowra Waters Rd changes – common sense, planning & safety? As a person who has grown up with a family who are long term residents of Berowra, I would like to comment about the above changes.

sure, many other residents, feel that

we have no voice in such local issues.

about the above changes. The council has shown to have poor planning and common sense in these changes to and proposed changes to Berowra Waters Road. The section of road from Pacific Highway to the Crossroads had originally been planned to be two lanes both wavs. There should have been a right hand turn lane into Hillcrest Road. The bus stop pull off lane near this intersection should be wider not narrowed. The whole road should not have been narrowed. Pedestrian crossings should have been better designed. The power poles that have been moved should not have been concreted around for the footpath, or is this 'afterthought' planning? The off street parking near the corner of Berowra Waters Road and Alan Road was put in for safety when a green grocer and the Post Office were located there (less traffic then). We now have a veterinary surgery, resident and a retail store in this area. We also have this type of parking (angle parking) in other parts of the Shire. There are always exceptions to the rules or standards: if the proposal is better than the standard, use it. The number of cyclists to cars is small during the working week. The weekend, especially Saturday mornings, is the time when most cyclists are about. The safety of cyclists has not been looked at properly. When a large vehicle such as an SUV or a small truck is parked in this location, the outside tyres and

mirrors are over the broken lines into the bike lane, causing the cyclist to move back into the car lane and also at crossings. The council seems to have not done its homework properly and has not spoken to the residents. It seems the council does what it likes, that is what a lot of residents think.

Geoff, Resident of Berowra

Dear Bush Tele.

RE: Proposed re-development and changes to Mark Taylor Oval, Waitara

I attended a meeting on 23rd July about the proposed redevelopment and changes to Mark Taylor Oval including the building of the PCYC. As a PCYC coach I totally support the existing building of the PCYC.

I'm having some reservations about demolishing the old bowling club and replacing it with a smaller club house for stakeholder, oval and community groups. Maybe council could consider recycling and re-using this existing building and save some ratepayers' money:

Learn from past mistakes (i.e. demolition of the CWA building in Hornsby Park).

There must be a basic level

skate park in the overall project

as well as kids' play areas together with big improvements in informal seating around the children's play areas. There must be pedestrian access and a cycleway, probably low speed to be shared with pedestrians, and linking developments in area including the west side and mall. This would include marked cycle/ pedestrian areas with 10km/h speed limits, give-way to pedestrians and keep-to-theleft signage which is lacking in Hornsby Shire at the moment. Traffic lights should also favour non-vehicle people movement to develop a 'culture' of non-vehicle use in high density areas. Council has already missed out on economic and cultural benefits of people not using vehicles when there are other options.

Give residents some options and reflect on missed opportunities to change habits and normalise non car usage in past road and footpath redevelopments. Parking issues could also be improved by improvements to non-vehicle access to the station.

Mick Marr, Berowra Heights





### YOUR COMMUNITY DIARY DATES

ARE PROUDLY SPONSORED BY
ASQUITH BOWLING
& RECREATION
CLUB LTD



Ph: 9477 1364

Thursday, 13 August

Berowra Toastmasters 7:30pm, Berowra Community Centre, The Gully Rd, Berowra. http://berowra. toastmastersclubs.org/ Kate 9488 9900.

Hornsby-Berowra Men's Shed 7 Alicia Rd Mt Kuring-gai 8am-1pm. Eng Paul Woodage 9456 2793.

Aglow International Australia
Hornsby. Uniting Church Worship and
Activities Centre, Southern Auditorium,
24 William Street, Hornsby at 7pm. \$10,
incl Supper. Sandra 9987 4468.

Berowra Garden Club. Berowra Community Health Centre, 123 Berowra Waters Rd., 7:30pm. Guest speaker Alex Ross. Shirley 9456 7142. Carers Support Group Berowra Community Health Centre 123 Berowra Waters Rd. 2.30pm. Marie 9456 3344. Hornsby Walk'n'Talk 10am Hornsby Park, Peats Ferry Rd. Suits 50-70yrs. Lorraine 0419 741 435

Westleigh VIEW Club celebrates its 42nd bday at Brick Pit Café Thomleigh at 10.30am. Trish. 9484 2182.

Friday Fellowship St Pauls Anglican Church, Pierces Cnr, Wahroonga. Church Service 10:30am.

Hornsby/Berowra Ukulele Group
10am-12:30pm Berowra RSL Club.
Open to all ages/skill, lessons available
for beginners. \$5 entrance fee. Meg
9456 3028 www.hornsbybugs.com
PROBUS Club, Asquith Golf Club
10.30am-12.30pm. Guest speaker
Ross Fressle 'Databases'. 9477 3962.
St Ives Orchid Fair 14th, 15th & 16th
August. St Ives Showground, Mona
Vale Rd. Orchid displays, Floral Art,
Painting, Photography, Free advice. \$5.
Enq. Garrie Bromley 0425 336 049.
Sunday, 16 August

Berowra RSL Sub-Branch Commemoration Service for: Victory in the Pacific & Vietnam Veterans Day, Crossroads Memorial cnr Berowra Waters Rd & Alan Rd, Berowra Hts. Service 11am.

Monday, 17 August

**Dance Workshop** for all ages. Wilma 9489 5594, 0413 673 339.

Club Turramurra for single men & women, 50+. Church of Christ Hall, Nth Turramurra 8pm. Kaye 9476 2575.
Tuesday, 18 August

ToughLove Parent Support 7.20-9.30pm, red brick house, Thomleigh Community Baptist Church, cnr Duffy Ave & Esplanade. Enq: 0434 504 369. Hornsby Toastmasters Club 7.30pm, Beatrice Taylor Hall, 25 Edgeworth David Ave, Hornsby. Visits free. Ali 0408 961 971 or http://hornsby. toastmastersclubs.org/

Seniors' excursion to Tobruk Sheep Station. 8.30am. Pick up and drop off: in front of Marian Street Theatre, 2 Marian St, Killara. \$72. Enq: 9424 0000. Book: www.kmc.nsw.gov.au/seniors Hornsby Toastmasters Club

Humorous & Impromptu Speaking Contest, Beatrice Taylor Hall, 25 Edgeworth David Ave, Homsby. Visits are free. Ali 0408 961 971.

Wednesday, 19 August

Helping Hands Craft Group 9.30am-2.30pm Asquith Leisure & Learning Centre, Lords Ave. \$5 incl morning tea, bring own lunch. Carolyne 9456 5316. Hornsby & District Lantern Club Leisure & Learning Centre, Warne St, Pennant Hills 10am. Beverley 9987 4964. Berowra Over 55 Club Berowra Community Centre, Gully Rd. Eng. Cheryl Hughes 9456 2139. Hornsby Shire Family History Group Hornsby Library 2-4pm. www. hornsbysfhg.wordpress.com Asquith View Club 11am. Speaker Sue McGarry, "Home Instead", Asquith Golf, Lord St, Mt Colah. Helen 9457 6118. Hornsby Conservation Society AGM. 7:30pm Old Berowra District Hall, Cnr Berowra Waters Rd & Crowlev Rd. Guest Speaker Marion Anstis. 9457 8283. Thursday, 20 Augus

Mt Colah Group of the Embroiderers' Guild of NSW, St. John's, 4 Royston Pde, Asquith, 10am-1pm. Enq 9987 4438. Hornsby-Berowra Men's Shed 7 Alicia Rd Mt Kuring-gai 8am-1pm. Enq Paul Woodage 9456 2793.

Meet the Author: Carol Baxter Author of Black Widow: The true story of Australia's first female serial killer. Hornsby Central Library. 6.30pm. \$5. Ticketed, book online Hornsby.nsw.gov.au/library.

Hornsby Walk'n'Talk 10am Hornsby Park, Peats Ferry Rd. Suits 50-70 yrs. Enqs: Lorraine 0419 741 435.

JH Dance Band hosts social dance

JH Dance Band hosts social dance at Waitara Performing Arts Centre, 22 Waitara Ave. Lesson from 7:10pm, Dance from 7:45pm. Ric 9476 4301.





Open Tues to Sun LUNCH & DINNER 9477 1364

Members Badge Draw Friday & Sunday Members Meat Raffle

Members Meat Raffle *Friday* 

Members Seafood Raffle Sunday

www.asquithbowlingclub.com.au

# LETTERS TO THE FDITOR

Dear Bush Tele, Missing bikes found

A huge thank you to Graham of Graham Close and Melissa of Mangaloo Street for finding and returning my boys' stolen bikes. Two happy boys back out riding after my letter appeared in The Bush Tele! The community spirit of Berowra lives on. Ashlie, Berowra

Dear Bush Tele.

Although I have only lived in Berowra just over three years, I have noticed a huge increase in both Indian Mynahs and Noisy Miners (Australian Native). I enjoy bird watching and have identified 50 different species, all spotted from our back deck! However, after we got chickens we were invaded by mobs of Mynahs, which drove most of the birds that had been visiting our garden out. Particularly the small species like the Superb Wrens and Fire Tail Finches... but disturbingly, they will even take on the Kookaburras, who have been nesting in the same tree hollow for generations! I felt terribly concerned and responsible and racked my brains for an answer. I realised it was the chicken food that was bringing them and making them want to aggressively claim the territory. So after a bit of trial and error, we purchased an automatic chicken feeder. I found two

major models available that are good: Hatches and Catchers. a Tassy one. (which was the one we got) and one called a Grandpa's Chicken Feeder. Perhaps the excellent people at the local Berowra Pet Shop might bring them in? They both work the same way, the container with all the feed in it is opened by a treadle which is activated when a chicken stands on it – it pops open...happy chicken! It takes a little time for your chickens to get used to it, but a hungry chicken is remarkably smart! We found we had to cushion the banging noise it makes as it opens and closes as that was scaring the chickens - we just used thick duct tape along the edge. The feeder has definitely worked! We no longer have mobs of Mynahs fighting in our yard and the plus is we go through a lot less chicken feed! I have even started to see some of the smaller birds starting to return which is

Berowra Heights, name supplied

# We love to SHARE our readers' opinions about all things LOCAL!

E: editor@thebushtele. com.au PO Box 80 Berowra Hts 2082

#### WORK BEGINS ON NEW FOOTBRIDGE



Work on the new footbridge that links the east and west sides of Hornsby has commenced at last.

Mayor of Hornsby **Steve Russell** said, "This is an eagerly anticipated project and everybody is very keen to see it moving forward.

"This concourse is one of the most heavily used pedestrian thoroughfares in the Shire and the old bridge is well and truly past its used-by date."

Currently, sewer lines are being relocated to make way for the two elevators that are going to be installed. Once that is completed a temporary ramp will be put in place so pedestrians will not be inconvenienced, then the real work of constructing the bridge's foundations will begin.

"This will not be like watching the two halves of the Sydney Harbour Bridge come together – when we put the new bridge in place it will happen very quickly."

The new bridge is being jointly funded by Hornsby Shire Council and the NSW Government.

**Photo:** Hornsby Shire Mayor Steve Russell talking to local plumber Charlie Sant at the site of the works.









P: 9985 9244 | mooneymooneyclub.com.au | 5 Kowan Road, Mooney Mooney



## Berowra RSL Sub-Branch will conduct a

Commemoration Service for :

# VICTORY in THE PACIFIC and

# VIETNAM VETERANS DAY

Sunday 16th August, 2015

At the Crossroads Memorial area at the junction of Berowra Waters Road and Alan Road, Berowra Heights.

Service to commence at 11.00am

(be formed up by 10.45am)

A presentation will be made to Legacy, of funds raised during Anzac Day 2015 at this time.

# BEROWRA CRICKET PLAYER PROFILE

Continued from front cover

**LUKE SILVER** 

Career Stats **Runs** 929 Average 14.08 Wickets 33 Average 31.06 2014/15 Season





Last season 18 year old Luke Silver was the club's leading Senior run scorer playing in the D Reserve "Father/Son" team scoring 604 runs at 37.75 whilst also completing his HSC.

Luke played with his Dad Geoff and other Father/Son combinations including Michael/Ben Parker, Steve/Zac Marriott, Dan/Matt Jones, Phil/Russell Yates and Martin/Patrick O'Brien, reaching the semi finals but falling one game short of the big GF weekend.

"It was great watching Luke score his first Senior ton and go on with it to finish with a big 162!" said Dad Geoff.

Luke began the season slowly with lots of 30s and one half century but then was unluckily run out for 96 against St Ives and then compiled scores of 162 against West Pennant Hills and 77 against Kenthurst.

He started playing cricket for Berowra when he was 6 years old before Milo cricket began playing in the U/8's in 2003 and 2004, has played 76 games for BCC, and is starting to realise his potential with the opportunity to move up

"I really enjoyed last season and hope I can do it all again this season" said Luke.

The BCC encourages all players and provides senior mentors in all grades for young players such as Luke to perform.

Success occurs at all levels of cricket in a team environment that includes fathers, sons, uncles, brothers, cousins and mates, old and new. The Junior season begins 12th September with the Senior season beginning 26th September following 20/20's on the 12/19th September.

Find the BCC and register NOW @ www.berowracricket.org.au Photo (front cover and above): (I-r) Geoff Silver, Ben Parker, Michael Parker, Pat O'Brien, Martin O'Brien, Russell Yates. Zac Marriott, Jordan Smylie, Luke Silver, Matt Kelly, James Booth.

# Berowra Uniting Church LEGO Competition and

Exhibition

his vear Berowra Uniting This year Berowia Onling
Church will host its sixth annual LEGO Model Display and Building Competition. The event began with the children of the church deciding to sponsor a disadvantaged child - Maria - through 'Compassion',

a charitable organisation. The



children realised that they were utterly blessed to have so many advantages and that as good citizens they should share with those who have little or nothing. This year, the LEGO

exhibition will be on Saturday 5th September at Berowra Uniting Church. There is no need to preregister for the building competition,

> just turn up on Friday Sept 4th (between 5 and 7pm) with your LEGO, the registration form and your entry fee. Competition entry fee is \$4 per model. Fee for viewing the exhibition is \$4 per person or \$10 per family. Entry forms and details from Berowra. Uniting Church.org.au

Photo: Daniel Berry preparing an exhibition layout.

## Berowra Netball Club NetSetGo Skills Term 3&4

Registration and Come and Try Day:

Tuesday 11th of August 2015

Time: 4pm to 4.45pm Cost: \$60.00

Where: Warrina Street Netball

Courts, Berowra Hts Duration: 5 weeks of Term 3 and

5 weeks of Term 4 All NetSetGo registered girls receive a Netball NSW packs.

Registration Forms are available from our website: http://

berowranc.nsw.netball.com.au Contact: berowrasecretary@gmail. com - 0414 283 407

Contact: berowra.nc.registrar@ gmail.com - 0425 293 243





# Northholm Students Recognised for Community Service

n 1992 the late **Dr John Lincoln** AM (Founding Chair of Northholm) created an initiative for young people to be awarded the Youth Community Service Awards. Each year, 20 students from throughout NSW are selected and honoured at a special ceremony at Government House in Sydney.

Congratulations to Amelia Lee and Georgia Parry (Year Twelve), whose outstanding work in raising money for the World's Greatest Shave in support of those afflicted by blood cancers has been recognised in their receipt of this prestigious award, which they will receive from the Governor of NSW in a presentation to be held at Government House on Wednesday, 2 September 2015 at 2pm. Throughout 2014, the then Year Eleven students Amelia and Georgia committed to raising money for The World's Greatest Shave in support of those afflicted by blood

classmate who passed away from leukaemia at the age of 12 in 2010, the girls wanted to do something to make a difference.

As a result of their efforts, the girls raised over \$21 000, an extraordinary achievement from a school community of only 430 students. The money has gone towards providing emotional and practical support for people with blood cancers and funding research into treatments with the aim of ultimately finding a cure. Photo: (I-r) Amelia Lee and

Georgia Parry.



### DOGGIE RESCUE PET OF THE WEEK

Meet ... Edna!

cancers. Inspired by a former

Edna, a Foxy cross Basenji, looks like she had a rough life with a number of scars over her body, poor darling. She came from the pound with severe dental disease but she has treatment for this.

Edna is affectionate and loves a cuddle. Edna, who is 9, walks well on lead and generally ignores passing cars and other dogs. She is calm and quiet when left alone. Edna likes to

jump up and sit off the ground – almost cat like! She has a smooth coat and weighs 8kg. Edna comes desexed, C5 vaccinated, heartworm free and microchipped. Her adoption cost is \$400. For further details call DoggieRescue on 9486 3133 or email Monika@DoggieRescue.com.au. Visit www.DoggieRescue.com to meet more than 200 homeless dogs. Doggie Rescue Pet of the Week is proudly sponsored by The Bush Tele.



# In Memory of Sylvia Dorothy Heather Palmer

#### 16/10/1916-27/7/2015

A light from our family is gone A voice we loved is stilled A place in our heart is vacant Which never can be filled

We have to grieve the loss of Nanna

We would have loved to keep But God who surely loved her Has finally made her sleep

After a lifetime of love and joy And music to fill our ears God leaves these wonderful memories

To help us through our tears.

# We will miss you Nanna, love Darren, Lisa, Kain & Jasmin.

Bush Tele's "Thursday Girl"

The Bush Tele has lost a cherished friend in Sylvia Palmer. Sylvia has been 'a Bush Tele girl' since 1995. We have enjoyed her helpful ways, her wisdom and wit as she joined us at the Bush Tele Shop every Thursday - Sylvia was our 'Thursday Girl'

It was only fairly recently that Sylvia moved from her little home in Berowra into Aged Care accommodation, but she was still a regular visitor to The Bush

Tele Shop when shopping and attending local medical and hair appointments.

Sylvia was loved by so many in our community. For a lady of a grand age, she had so many much younger friends as she was 'young at heart', and as we learned from her, love has no boundaries. She became part of our combined families, celebrating with us at weddings, mourning with us when we lost valued friends and loved ones and joining in many Bush Tele landmark festivities.

Former MP Judy Hopwood was proud to present Sylvia Palmer with a Premier's Community Service Award for her lifetime of volunteering in numerous capacities and for her outstanding contribution to the community that she loved. The following are just some of the other areas of volunteering and community service in which Sylvia Palmer had devoted her time and passion:

Certificate of Appreciation – Berowra Lions Club Award for 10 Year Service to Long Jetty Extended Care - Central Coast Health Award for 5 Year Service -

Australian Red Cross

Designated Community Visitor to Belvedere Nursing Home, Mercy Family Centre Waitara - Minister for Housing Local Government and Community Services Designated Community Visitor to McQuoin Park, Mercy Family Centre - Minister for Human Services and Health Honour Roll of Members of

The Flying Doctor Society 1993 in recognition of her membership as one of an 'elite group of donors' - Royal Flying Doctor of Australia (NSW).

We will miss our little friend Sylvia but she will always have a place in the hearts of those who loved her and here at The Bush Tele. Kathie Comb & The Bush Tele Girls.

#### NEW CHAMBER COMMITTEE



eet the new dynamic local Hornsby Chamber of Commerce Committee who contributed to the successful Small Business Evening at the Asquith Golf Club where The Hon. Gladys Berejiklian MP, NSW's first lady treasurer, was guest speaker. Memberships Manager Susan Hughes said, "We invite local business people to an exciting Business Panel/Forum where business and government will be discussing 'Doing Business in Hornsby' on 1st September at Mercedes Showroom, Waitara. The panel will be represented by each government level together with local business leaders.

All business members of the community are welcome to attend. Additionally, the Chamber of Commerce is currently offering a half-price membership fee.

#### FIND OUT MORE

See www.hornsbybusiness.com. au or phone Chamber President Adrienne McLean 0414 367 960 or Susan Hughes 0421 459 747.

Photo (above): The 2015 Hornsby Chamber of Commerce Committee photo Left to Right - Rowan McBain LifeSytes Web Design, (Web Manager), Darren Hart Unreal Photos (Photographer), Mario Di Bernardo, NAB Business (Deputy Pres.), Susan Hughes, Hornsby/Hills Successful Resumes (Membership Manager), Nilesh Golani, APlus Tax Solutions, (Sec/ Treasurer), Adrienne McLean, The Speakers Practice (President), Matthew Morris & Assocs, (Education/Training), Philippa Bird, TripleH Community Radio (PR), Paul O'Neill, Shores Restaurant Owner (Strategic Direction & Business Issues), Alexi Boyd, Boyd Office Management Services (PR), Mark Sims, Shores Restaurant Manager (Growth).





#### **Hornsby Quarry**

Road Construction Spoil Management project

#### **Environmental Impact Statement**

NorthConnex is a nine kilometre tunnel that will link the MI Pacific Motorway at Wahroonga to the Hills M2 Motorway at West Pennant Hills. Roads and Maritime Services is proposing to handle, manage and beneficially reuse spoil from NorthConnex at Hornsby Quarry.

The Environmental Impact Statement (EIS) for the Hornsby Quarry Road Construction Spoil Management project will be placed on public exhibition from **Wednesday 5 August 2015**. The project is being assessed under Part 5.1 of the Environmental Planning and Assessment Act 1979 and has been declared State Significant Infrastructure.

The EIS identifies and assesses the potential environmental and social impacts of the project and outlines management and mitigation measures.

The project team will be hosting community drop-in sessions where you can find out more about

- Wednesday 19 August 2015, 6pm to 9pm, Homsby RSL, 4 High Street, Homsby
- Saturday 22 August 2015, Ipm to 4pm, Homsby War Memorial Hall, 2 High Street, Homsby

The EIS will also be displayed at:

- Department of Planning and Environment 23-33 Bridge Street, Sydney
- Roads and Maritime Head Office, North Sydney Level 9, 101 Miller Street, North Sydney
   NorthConnex Community Information Centre 354-356 Pennant Hills Road, Pennant Hills
- Office of Matt Kean, State Member for Homsby Suite 5, The Madison, 25-29 Hunter Street, Homsby
- Office of Alister Henskens, State Member for Ku-ring-gai 27 Redleaf Avenue, Wahroonga Homsby Shire Council offices 296 Peats Ferry Road, Homsby

- Ku-ring-gai Council offices 818 Pacific Highway, Gordon
   Homsby Central Library 28-44 George Street, Homsby
   Nature Conservation Council of NSW Level 2, 5 Wilson Street, Newtown

Roads and Maritime Services encourages you to make a formal submission to the Department of Planning and Environment (DPE) during the public exhibition period. You can lodge your submission via www.majorprojects.planning.nsw.gov.au or Department of Planning & Environment, Application Number SSI 15\_7066, Major Projects Assessment, GPO Box 39, Sydney NSW 2001. All submissions made during the display period will be collated and published on DPE's website. DPE will consider all submissions as part of the project approval process.

For more information call: 1800 093 090 email: hornsbyquarry@rms.nsw.gov.au mail: Locked Bag 928 North Sydney NSW 2059 or visit www.rms.nsw.gov.au/hornsbyquarry

# HEALTH AND BEAUTY

# PRICELESS PEARLS

By Ralph Estherby When I was a 19 year old university student my family had 'adopted' a sweet old ladv - Liddv - as a grandmother. I used to go around to her house to help her with various practical tasks, which had become difficult for her to manage. One of her delightful habits was that Liddy had different curtains for winter and for summer and at 90. she now needed a bit of assistance to change them over. Another delightful habit she had was that when ever you assisted her in any way she required you to stay for lunch and there was no arguing otherwise. So I hung her curtains and then I had to stop to have lunch.

I sat down and Liddy began to serve the lunch – she removed a family sized Chicken pie from the oven and preceded to cut herself a small serve, I would estimate about an eighth of the pie.

The rest she placed on a large dinner plate with some vegetables and it became apparent that I was expected to finish it!

One thing you could be certain of was that you would never get a 'small serve' at Liddy's. Hospitality and generosity were a big part of her life and that was one of the reasons we adopted her.

I was at a café the other day and I was disappointed when I received my order — it looked like the tide had gone out on my cup of tea and that the piece of carrot cake came from the end of the tin and was burnt... it was much less than I expected and left me feeling short changed. As I sat there I remembered hanging Liddy's curtains and the meal which followed and I celebrated for a moment the importance of generosity and the power of going beyond what is the minimum expected of you. Generosity and abundance are two

Generosity and abundance are two traits that people seldom attribute towards God, many think of Him as limiting or harsh – taking away freedom and bringing discomfort – but my experience of Christ is very different to that.

Liddy reflected an attitude which I have consistently found in Christ in the 37 years I have followed him. He is not wanting to limit you but is willing and "able to do exceedingly abundantly above all that we ask or think" Ephesians 3:20

In fact He wants to do more than you imagine and probably more than you have asked for. Maybe it is time to ask Him for assistance?

Do you have a comment or a question? ralph. estherby@gmail.com. 'Breakthrough Church', 9.30am Sundays, Performing Arts Centre, Edgeworth David Ave Hornsby, 9477 7222.

# Mel's Hair & Beauty

Introducing Cureplex!
Cureplex is a dual action,
revolutionary formula that
creates new bonds and buffers
the existing ones delivering
stronger, healthier hair with
enhanced condition and
suppleness.

Cureplex is designed to be added to colour and chemical treatments preventing damage before it can even start. With Cureplex, you can push blondes further than ever before with no fear of damage. The colour palette is yours!

Do what you want with no fear of breakage or damage – just beautiful, healthy hair, the colour you have always dreamed of.

Trialled and proven results.

Check our Facebook page for more details and special deals.

Contact Mel's Hair & Beauty, 9456 2188.

#### DONATE2DAYNA



Dayna (10), student of Berowra Public School, writes: Ten years ago when I was only 8 months old I was diagnosed with stage 4 neuroblastoma, a

childhood cancer. I had surgery to remove the tumour and months of chemotherapy.

I have decided to raise money for the Children's Cancer Institute of Australia (CCIA) to help children like me.

I am going to cut my hair very short and raise money for CCIA and then I will donate my hair to the Princess Charlotte Foundation to be made into a wig for children who do not have hair.

On 19th August I will have my hair cut during Berowra Public School assembly. My sister Kiara will be by my side supporting me, having her hair cut too.

I hope that with your support CCIA can improve treatment of childhood cancer and find a cure.

**TO DONATE:** go to https://give. everydayhero.com/au/donate2dayna. Your support will help all the children diagnosed with cancer.

I've finished my cancer treatment but some haven't, the families that go through childhood cancer will appreciate your donation.

# hornsbyheights PHARMACY Coeliac disease

About one in 100 Australians has a permanent intolerance to gluten (a protein found in wheat, rye, barley and oats). These people are said to have Coeliac disease. Symptoms can include bloating, diarrhoea, nausea, wind and chronic fatigue. Sometimes the symptoms are very vague and may be confused with irritable bowel syndrome (IBS).

In Coeliac disease the body's immune system overreacts to what it sees as a foreign protein. Damage to the intestine leads to deficiencies in vitamins, iron, folic acid and calcium because of the poor absorption of nutrients. Sugars,



Alexandra Torrens Pharmacist, Hornsby Heights Pharmacy

proteins and fats are also poorly absorbed. Gluten sensitivity can lead to symptoms similar to Coeliac disease, however there is no associated damage to the small intestine.

The only way to know if you have Coeliac disease or gluten sensitivity is to be tested by a health professional. It cannot be self-diagnosed based on symptoms. Early diagnosis of Coeliac disease is important and the treatment is usually straightforward and successful. It involves strict adherence to a gluten-free diet.

In response to an increased demand for gluten-free products, Hornsby Heights Pharmacy now stocks a range of foods including pastas, flours and cake mixes which are free from gluten.

We can also assist with recipes, information about digestive health and advice about medications and whether they contain gluten.

Contact Hornsby Heights Pharmacy on 99874777 for more information.

# Maggie Smith Counselling 0447 983 991

Hornsby area
Single sessions avail.
Concessions avail.
Support Empathy Understanding
www.maggiesmithcounselling.com.au

# **Asquith Family Chiropractors**

Dr Mark Dalton Chiropractor 59 Edgeworth David Ave, Waitara www.asquithfamilychiropractors.com.au

9477 1905



# SOCIAL SNIPPETS

#### Welcome to the

#### Allied Health Clinic Waitara



#### At AHCWaitara we offer Acupuncture, Massage Therapy, Psychology, Electrolysis, Naturopathy, Nutrition.

#### This week we feature Thassanee Wongklad.

Thassanee is a fully qualified, accredited Massage Therapist. Her specialisation is in a number of different massage techniques that cater to the treatment of chronic conditions, sports injury and in the relief of everyday aches and pains. Her aim is to ensure that you receive the best possible care by matching the right therapy treatment to your personal needs.

She also has certificates in Swedish, Remedial, Pregnancy, Oncology, Sports, Lymphatic Drainage, Remedial Hot Stone, and Reflexology massage.

Health Fund Rebates available for Remedial Massage. Fast claims....claim on the spot.

To find contact details go to AHCWaitara.com.au

Photo: Left to right – Wai-Leng Boh, Grace Hamilton, Isabelle Dickson, Amy Tyler, Kirsty Story, Thassanee Wongklad, Beatrijs Dewulf.

# BORONIAS AND ERIOSTEMONS

The Monday Walk and Talk at Ku-ring-gai Wildflower Garden, 420 Mona Vale Road, St Ives on August 17th will feature Boronias and Eriostemons.

Meet with us at Caley's Pavilion at 9.45am; wear suitable shoes and bring a hat. Visitors are welcome!

Australian Plants Society member **Wendy Grimm** will discuss these lovely Spring flowering plants, then lead an easy walk to show you examples.

Cost is \$5 and includes notes. Native plants will be for sale at the Visitor's Centre. **More information, www.blandfordia.org.** au or **Wendy 9144 5600.** 



#### ASQUITH VIEW CLUB

ASQUITH VIEW CLUB will be meeting for their monthly Luncheon on Wednesday, 19th August 11.00 for 11.30am. The speaker will be **Sue McGarry** from "Home Instead" (Senior Care) at Asquith Golf Club, Lord St, Mt Colah. New members and visitors most welcome.

For further details please phone Helen on 9457 6118.

## ALL HORNSBY SHIRE LIBRARIES CLOSED ON AUGUST 17

All Hornsby Shire Library branches will be closed for one day on Monday 17 August for an exciting system upgrade.

The libraries will re-open on Tuesday 18 August with a new Library Management System in place to make borrowing easier for customers

For more information, please visit hornsby.nsw.gov.au/library

#### IN MEMORY

In Loving Memory from Joy Hale, Children, Partners, Grandchildren and Greatgrandchildren.



Keith Hale, who was a resident of Turner Road, Berowra Heights, passed away on 1st

August, 2015.

## **IN MEMORY**

Pierce Taylor 20th December 1993 12th August, 2012



Your smile still lives on in the memory and hearts of all your family and friends. Not a day passes without you being in our thoughts.

Loved and remembered always by Mum, Dad, Matt, Jez, Cole and your many friends.

## IN MEMORY

In loving Memory of Jake Shakeshaft – Swan



Those we love don't go away They walk beside us every day. Unseen, unheard, but always near. Still loved. Still missed and VERY

Nan xox

# It's all about FOOD!







Showcasing
a range of
unique, gourmet
& boutique
producers &
suppliers of food



# Organic Food Market

ORGANIC FOOD MARKETS supplies Certified Organic food, artisan gourmet produce and conventional fresh fruit and veg, freshly baked bread and patisserie, seasonal produce from the farmer, salami, local and French cheese, smoked salmon and other delicacies, and can be found in Hornsby Mall every Thursday 7:30am-4pm. And it happens rain or shine!

Want more? Come along to their market at Riverside Girls High School on the corner of Huntleys Point Rd and Victoria Rd, Gladesville on Saturday mornings 8am-1pm. (There's even a bouncy castle and pony rides there for the little kids as well!) **Visit** 

www.organicfoodmarkets.com.au

# J & T Gourmet Quiches

J & T Gourmet Quiches is a local, family owned and operated business, employing local people.

All of our awesome quiches are handmade from scratch, including our delicious pastry.

We supply wholesale in an area that ranges out to Newport, Annandale, Gladesville, Rouse Hill and Erina.

We also sell direct to the public and we offer a loyalty card 'Buy 9 get 10th free'.

Supporting local schools, charities and events has always been a high priority as we believe in giving back to the community that supports us.

9456 7664 www.facebook. com/JTGourmetQuiches

# From Paddock to Plate ...

Mudgee Lamb is a family owned farm that delivers free range lamb guaranteed for quality and freshness.

In true paddock to plate style you'll meet the farmer when Michael delivers to your kitchen bench top himself.

Mudgee Lamb is 100% grassfed, free-range lamb raised on sustainably farmed native pastures.

Research indicates that eating grass-fed meat is a healthy choice for your family because it is rich in Omega-3 fatty acids, Vitamin E and betacarotene and low in fat.

Delivery is the third Friday of every month.

## Let's Get Fresh

Let's Get Fresh was established in 1999 after its proprietors found it increasingly difficult to source fresh fruit and vegetables.

Our business is committed to offering personalised home shopping providing fresh produce from growers at Sydney's Flemington markets. We custom make your box of fresh fruit and vegetables to suit your budget. You decide the quantities and selection of seasonal produce you would like.

WE TAKE PRIDE IN SUPPORTING AUSTRALIAN FARMERS and in supplying produce that WON'T TURN INTO COMPOST WITHIN A FEW DAYS.

www.letsgetfresh.com.au, 9985 8249







www.organicfoodmarkets.com.au





lamb@javoca.com.au





## Sunil's Spice Centre

Sunil's Spice Centre was established many years ago, but just over a year ago the business changed hands. After a smooth transition, under the new management of Ranjith & Indranee Athukoralalage, it has seen many improvements.

The centre is fully stocked with Sri Lankan and Indian spices (particularly south Indian), as well as Mauritian and Fijian Spices, groceries, cake ingredients, small goods, Indian sweets, kitchen utensils, religious items and much more.

Within the store you will also find an excellent selection of frozen foods, curries, pickles, chutneys, curry mixes, snacks etc.

Ranjith and Andrew (one of the pioneers of the spice business) are on hand to assist you with your queries about ingredients and their uses.

Gather ingredients to create a delicious dish, or if you want a short cut, pick up some string hoppers, Parattahs, Rotis and Naans pre cooked samosas, Lamprie, frozen curries and more.

Sunil's Spice Centre is right next door to Thornleigh Station at 4 Station Street, Thornleigh. Opening hours are Sunday to Friday 10 am to 7.30 pm. Saturday 9.30 am to 8.00 pm. Phone 9484 8241.

# Hornsby Beekeeping Supplies ...

... has been supplying equipment to customers throughout Australia and internationally for more than a quarter of a century and continue to do so from both our original Hornsby location and our new premises at Mt Druitt.

Hornsby Beekeeping Supplies provides a wide range of equipment and advice for both the professional and amateur beekeeper. We offer complete guidance and advice to beginners too.

Please refer to our online catalogue to view our extensive range of:

extractors, protective clothing, tools, smokers and all the necessary hive building and maintenance materials.

If you are unable to come to either of our retail outlets, we are happy to send your order and arrange freight at a very reasonable.

For more info please contact us at 9477 5569 hornsby-beekeeping.com







#### MY DISH ...

we are a 100 % AUSTRALIAN OWNED and operated family Business ...

#### Local to your Area!

The My Dish team believes that to create great HOME DELIVERED MEALS you must start with FRESH NATURAL PRODUCE. Our ingredients are sourced and delivered fresh from the fruit and vegetable markets and local providers.

My Dish does not use any preservatives or genetically modified products. Once cooked, all meals are snap-frozen to retain the natural flavour and quality of the products.

My Dish home delivers these delicious and healthy meals to your door, so all you need to do is simply heat the meal and add your favourite side dish. It's meal time made easy!

9477 4001 www.mydish.com.au

WIN! Every Order in the month of August goes into the draw to win \$200.00 worth of delicious ready-to-heat meals!





# HOME IMPROVEMENT

# Living - Lifestyle - Renovating - Decorating



# PAUL'S LIGHTING

Are you building or renovating??? We are the experts! —

Paul's Lighting offers FREE advice on all your lighting needs and a no-obligation in-home consultation to help take the stress out of choosing your lighting.

We aim to make your experience as easy as possible and can also offer you a complete installation service.

Paul's Lighting has a full range of globes, beautiful pendants and a huge range of all the latest LED products on the market. LED offers substantial savings on your power bill and reduces our carbon footprint at the same time.

Drop in to our new Mt Colah store and visit our friendly, knowledgeable staff who are only too willing to assist you.

You will be surprised at how little it costs to style your home with beautiful and energy-efficient lighting!

## **HANGING STUFF**

Reclaim your backyard and utilise your outdoor space for your enjoyment.

Hanging Stuff has everything you need to replace your fixed line. Hanging Stuff offers 3 different sizes, made from lightweight rust resistant aluminium. It is the simplicity of the Hanging Stuff design which sets this clothes airer apart from other products. The design allows for ample air flow in order for effective drying. Once assembled, a Hanging Stuff clothes airer doesn't require complicated configuring; it easily folds in and out.

With room to dry sheets and hooks for socks, underwear and coat hangers, the Hanging Stuff offers everything you need from a clothes line, with the advantage of being able to move it into the sun or leave it under your undercover area while you leave for the day.

Have a look at our website for more information: www.hangingstuff.com.au





# Need new flooring or window furnishings?

Budget Flooring Solutions, one of the trusted timber flooring companies in Sydney, has moved locally, to new premises in Mount Colah.

They specialise in a full range of floor coverings and window furnishing, IE:

*Timber • Bamboo • Laminate* 

- Carpet Flooring Shutters
- Venetians Blinds

A huge range of Rugs at fantastic prices.

Owner Rez Parchi says, "We are here to help, so if you are renovating, refurbishing or building new come and talk to us."

Budget Flooring Solutions shop 1/519 Pacific Hwy Mount Colah, 9477 4443 info@budgetflooringsolutions. com.au

August Special: New Arrival, Laminate European Oak Flooring from §69 supply & installed.

# Pressure Cleaning SERVICES

Owner Operator \* Les Roberts \* 0412357912

Pressure clean driveways; paths; steps and other areas to remove all surface dirt, moss grass etc: to ensure surfaces are clean and less slippery.

A quotation will be provided and cost agreed before any work starts.

GIVE ME A CALL

LJ Communications Pty Ltd ABN # 089089761 Trading as Pressure Cleaning Services Sydney Water Permit 97347



Visit our experienced staff in store for all your lighting needs
Free consultations and an in-house electrician
Open 7 days Ph: 9634 7800
www.paulslighting.com.au
paulslighting@bigpond.com

# HOME IMPROVEMENT

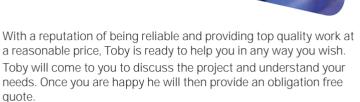
Living - Lifestyle - Renovating - Decorating



# Want to upgrade your KITCHEN, BATHROOM or LAUNDRY?

Need some WORK done around the house?

If you're planning a kitchen, bathroom or laundry renovation then give Toby Gilmour of Hire A Hubby Asquith a call.



Toby also does:

repairs, maintenance, fencing, painting, plastering, doors, windows, tiling and much more.

He will work with you to prepare your home for sale and happily take on any project around the home.

With many happy customers in the local area, Toby is happy to provide references.

Toby is a Certificate 3 qualified carpenter and carries a Kitchen, Bathroom and Laundry Renovation license.

Accredited, security checked and fully insured with no call out fee and obligation free quotes.

You can call Toby for more information on 1800 803 339.



# YOUR LOCAL SERVICES & TRADES GUID

ACCOUNTANTS



#### **Ben Miller** Chartered Accountant

8 Wattle Street Asquith

benmiller@outlook.com.au

#### (02) 9476 5555

Accounting • Audit • Tax • Business Advice

**ANTENNAS** 

## T DARREN BROOKS

#### **ELECTRICAL & ANTENNAS**

All TV antenna and satellite work, 3G/4G reception, interference investigations, free quotes, fully insured. 0435713790

darren@darrenthesparky.com.au www.darrenthesparky.com.au ABN: 45 286 102 520 | Lic #: 254024C

# CUSTOM DESIGN BUILDING

\*ALTERATIONS \*EXTENSIONS \*RENOVATIONS \*KITCHENS \*WALLS REMOVED \*DECKS \*GYPROCKING \*CARPENTRY \*ROOFING \*ELECTRICALS \*PLUMBING \*PLANS

# DIGITAL ANTENNA SPECIALIST

#### TIGER ANTENNAS

• FREE QUOTES • AUSTRALIAN made 'Your local specialist' 9943 1080 0416 099 186

tigerantennas com au

APPLIANCE REPAIRS



<u>FRIDGES</u> \* WASHERS Dryers \* Dishwashers Ovens \* Cooktops

IN HOME SERVICE 9477 3368

0414 77 33 68 Pacific Washers & Fridges

# WASHING MACHINE & DRYER REPAIRS

**ALL MAJOR BRANDS** Authorised KLEENMAID Agent NORTHSIDE WASHER SERVICE **Graeme Shepherdson** 9457 9162 0418 679 596

SERVICE \* SPARES \* REPAIRS WASHERS - DRYERS VACUUM - D/WASHERS HORNSBY

9476 5094 ~ 9476 6848 MOST BRANDS

#### BBQ & HEATING

# LINCS

# SALES - SERVICE - REPAIRS YOUR LOCAL BBQ & HEATING CENTRE

Sales, Service & Repairs Gas & Wood Heaters & Fireplaces Mantelpiece's - Marble & Wood Jetmaster Agent Elgas Refiller & Swap Station Full Range of natural gas & BBQ fittings

9477 3535 - 126 George St Hornsby **BLINDS & SCREENS** 

#### BLINDS & SCREENS

- Security GrillsCedar Venetians
- Venetian Blinds
- Security Doors
   Fabric/Aluminium Awnings

Tel: 9456 2233 Derick: 0417 442 805

## • Roman Blinds Insect Screens

Holland Blinds

Vertical Drapes

#### BUILDERS

## HIA AWARD WINNER

FRIENDLY, PERSONALISED SERVICE

LicNo.17899C **J. Rosser** LicNo.17899C 9457 8742 Mob 0418 204 197

CARPORTS AND AWNINGS

#### CARPORTS, AWNINGS & PERGOLAS

Free Design, Measure & Quote Flat, Gable or Free Standing Call Glen

0468 409 626

www.woodsyshomerenovations.com

CARPENTERS

# Chris Evans



# <u>ARPENTER & HANDYMAN</u>

# **No job too small**Friendly Service - Obligation free quotes

Fully Licenced and Insured - All work guaranteed Residential home repairs and additions, carports, decks/pergolas eave and facia work and more



0404 047 456 remerus@hotmail.com

# ARPENTRY

CHRIS BUNYAN Lic.No. 111586C

Specialising in:

- DECKS
  - PERGOLAS
- GATES
- DOORS
- CARPORTSREPAIRS

9456 0666 0412 035 656

CLADDING

# Cladding



- Vinyl, Aluminium and Brick Cladding experts
- Update, Insulate and Never Paint Again
- DIY or use our qualified installers
- · Locally owned family company

ph 1300 66 55 43 vw.mittenvinyl.com.au



#### CONCRETING

#### G&G CONCRETING SERVICES

ALL CONCRETE WORK Slabs, Driveways, Patio's,

paths, paving, retaining walls timber decking

REE QUOTES Ph: 0415 112 190 / 9<u>633 9814</u>

COMPUTER SERVICES

Home & Small Business IT Solutions

Computer Repairs All PC problems fixed www.hornsbyit.com.au Phone (02) 9457-8100

ELECTRICAL

# ▼ ▼ M DARREN BROOKS

## **ELECTRICAL & ANTENNAS**

All Electrical work, Phone & data, TV & Satellite, fully insured.

0435713790

darren@darrenthesparky.com.au www.darrenthesparky.com.au ABN: 45 286 102 520 | Lic #: 254024C

#### Millington **ELECTRICAL**

Solar Panels Power Points, Lighting, Phone, Data, TV Cabling Ceiling Fans, Smoke Detectors, House Rewire, Switchboards

STUART: 0420 666 781

Lic. 191933c

# SCHULER ELECTRICAL 0400 650 088

- All Electrical-data + TV
- Test & Tagging
- 24/7 Emergency
- Level 2 service work available
- Free quotes-Fully licensed & insured

schulerelectrical@gmail.com Lic: 223920c

#### SIMON CADDY ELECTRICAL Pty Ltd Domestic - Commercial - Industrial

TV Antenna, phone and data, ovens & hotplates, rewires, lighting, data cabling and communications, main and switchboard upgrades,

PROFESSIONAL RELIABLE AND COST EFFECTIVE SERVICE.

24 hour 7 day emergency service. Ph: 0400110081

**FIREWOOD** 

## **ERFO'S WOODSHED**

SEASONED FIREWOOD **GENUINE 1 TONNE DELIVERIES FROM \$450 PER 1000 KILOS** 

FROM \$160 PER 300 KILOS U-PICK-UP YARD SALES SATURDAY 9-2pm

9988 4444

#### KITCHEN RENOVATIONS

#### DREAM DOORS AMAZING KITCHEN FACELIFTS

10 New Granite Benchtops Replace Doors & Drawers Australian Made - Made to Measure

Call 0414 430 321 www.dreamdoors.com.au

LANDSCAPING

#### **Berowra Nursery &** landscaping Supplies

Our range & Specials see www.boc.net.au 9456 4444

1007-1-13 Pacific Hwy Berowra



admin@glenharrislandscaping.com.au www.glenharrislandscaping.com.au

> Fully insured and qualified. Over 20 years experience.

#### **PAINTERS**



#### **KMK** PAINTERS & DECORATERS

- FREE Colour consultancy
- Fully Insured
- Dulux Accredited

• 15% Pensioners Discount Call Kris: 0408 668 816 9476 1034

**PLUMBING** 

**ANDREW VANNY** 

**PLUMBING** st, Reliable & Friendly Service

Including – blocked sewers, storm water, leaking taps, hot water systems & all general plumbing. 0412 268 104 / 9477 3663 info@andrewvannyplumbing.com.au



#### THE BUSH TELEGRAPH WEEKLY

# LOCAL LAWN & GARDEN CARE SERVICE ...

#### PLUMBERS CONT'D

#### LICENSED PLUMBING Plumber • Drainer • Gasfitter

- eliable service to the area since 1992 Gasfitting experts LPG, Natural gas. Blocked drain specialist

- Backflow

24/7 EMERGENCY Service Ontime Reliable Plumbers Plumbers You Can Trust All Work Guaranteed 10% Pensioner Discount

0407 837 729

9191 7374

**▶** Blocked Drains

**▶ Hot Water Heaters** 

▶ CCTV - Water Jetter 🥾



HORNSBY PLUMBER

**Scott & Sons Plumbers** 

▶ Plumbing, Drainage & Gasfitting

**Domestic, Commerical Industrial** 24 hrs - 7 days 9482 9199

SOSH

#### POOL & SPA WAREHOUSE

Discounted Pool & Spa Chemicals, Pumps, Filters, Chlorinators, Maintenance and Repairs, Pool Cleaning, Pool Heating & Pool Renovation.

#### Hornsby 9476 1088

PUMPS

#### **NEW WORLD PUMPS** Sales • Service • Repairs ALL BRANDS

 POOL • FIREFIGHTING SUBMERSIBLE

> 5/1 MARINA CL, MT KURING-GAI 9457 6699

> > WARDROBES



- Built-In and Walk-In solutions
- A range of sliding doors

  Lectalled or DIY

  Lectalled or DIY

  Lectalled or DIY

Hornsby 9476 3056 www.easyfitwardrobes.com.au

#### email: service@scottandsons.com.au POOLS



# **Book your** next

SERVICES N' TRADE AD HERE Advertising locally **GET RESULTS** 

thebushtele.com.au

Phone 9456 2880

## Whip Blow Mow and Away I go



JOSH BROUGHTON of Asquith knows that his customers want a lawn and garden service that's fast, efficient and on time every time.

Fully insured, Josh's lawn and garden service includes gutter cleaning, tree lopping and hedge trimming. He even has a ride-on mower for those bigger jobs.

"I like to keep the locals happy with my reliable service and reasonable prices," said Josh (pictured above).

Whip Blow Mow and Away I Go services domestic and commercial clients. For a free quote, phone Josh 0431 904 765



# for your next CLEAN UP!

Wheeler Skip Bins is a family owned and operated business which has a local family history of over 50 year's experience within the waste disposal industry.

We provide 2, 3, 4, 5 and 6 metre bins from Brooklyn Parramatta, Mosman and Northern Beaches.

Fully insured our bins are ideal for home cleanups through to major builders' waste.

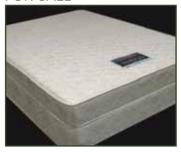
Look out for our blue and white trucks! Call Gary Campton on 0477 447 137 for our competitive prices and to book your bin.

Mobile credit card and eftpos facilities available.





FOR SALE



ASQUITH QUALITY BEDS -ALL SIZES Don't pay retail. Call and save. All beds sealed in plastic with Factory Guarantee.Ph. 9940 3961 BUILDING DESIGN & PLANS

ARCHITECTURAL DESIGN P Adams, B.Arch, B.Des, MBA Tel 9456 5989. designempathy.com.au PLANS for Alterations & Additions,

new homes, etc. Phone Warren Jenkins (retired architect) on 9456 4032. SPOONER DESIGN & BUILDING MANAGEMENT New homes, renovations, heritage work. 9456

3848 spoonerdesign@kets.com.au BUSINESS FOR SALE SUCCESSFUL FIREWOOD BUSINESS FOR SALE

www.herfoswoodshed.com.au or phone 9988 4444 WANTED KNOWN BUSHBAND for all occasions, weddings, birthdays, social parties.

Call Mick 0418 112 675

SEWING MACHINES Repairs to all brands of sewing machines & overlockers. Work done in your home for your convenience. 0412 584 145 COMPUTER SERVICES



-----Excalibur IT Solutions----All Hardware, Software, Internet & Network issues fixed. Call Tim: 9456 7932 or 0420 524 885

ALL COMPUTER ISSUES Internet, Hardware, Software, Networking. In home service. John 9456 1964 or 0414 400 401

HORNSBY IT – In home and office PC repairs. All hardware & software problems. Internet access, wired & wireless networking. Web and email hosting, www.hornsbyit.com.au. Ph 9457 8100

MOVIE-FILM-VIDEOTAPE TO DVD/ DIGITAL CONVERSION Ph 9456 2851 or 0412 472 901

www.filmscan.com.au WORK WANTED

A1 LAWN MOWING & BUSH FIRE PREPARATION 0407 775 895 ALL CARPENTRY Construction and repairs. Lic 148016c Simon Ph: 0402 652 668 or 9456 3732

ALL FLOOR & WALL TILING Indoor & outdoor, waterproofing & repairs. 20yrs Experience. Free Quotes. Lic: 70973C. Call Craig 0450 007 885

ALL LANDSCAPING Steelscapes Landscaping - Landscape Consultation, garden renovations, sandstone work, paving, retaining walls, decking, maintenance, hedging Tim Steel 0410 895 065 steelscapes@live.com.au www.steelscapeslandscaping.com

ALL LAWNS & GARDEN SERVICE Ride on Mowing, Edging, Hedging, Rubbish Removal, Chainsaw & Trees, Gutter Clean Pressure Washing, Painting, Deck Rejuvenation 0477 207 649.

BRT SERVICES - HANDYMAN Ex Handyman Trainer. Work Guaranteed. One stop shop for all work needs. No job too small. Lic:249022c. Michael 0451 164 106

CARPENTRY & HOME REPAIRS Free Quotes. Ph Mark 0408 200 816. Lic #123316c.

CLOCKS & INSTRUMENTS Prof. repairs, home visits, instrument maker. Ph 9476 5778 / 0409 131 808

GARDEN & LAWN MAINTENANCE Mowing, edging, weeding, hedging, pruning, rubbish removal. Fully insured, reasonable rates, Hammou 0421 166 762

GARDENING Beautify your garden by certified horticulturist for \$37/hr. Call Norman Ph 0412 196 268

LAWN MAINTENANCE Reliable, friendly service, free quotes, call Simon 0424 024 972

LAWPRA MOWING & MAINT. SERV Local, reg'd, insured. Ph 0403 775 567

PIANO TUNER - Technician professionally trained. All work guaranteed. Ray Clothier 9456 4632 or 0412 354 632



Lance Barnes Graham McIntosh Rear of 8 Berowra Waters Rd Berowra, NSW 2081 **9456 2346** 

# Berowra Prestige & Restoration

All Insurance Work, Rust Repairs, Restorations, Cars, Boats, Motorcycles, Trailers, Jet Skis Lic No. MVRL 48357

ROOF REPAIRS - 40 years experience, local, Lic:R62672, 0428 563 282

#### Structural Landscape Gardener

All Retaining Walls, Paving, Concreting, Edging, Turf, Bobcat Work, 25 Years Exp



UPHOLSTERY Over 30 yrs exp. Ph Bryan 9476 6835 / 0414 913 883 CEMENT RENDERING/ GYPROCK SERVICES CEMENT RENDERING SERVICES Professional advice, quality work,

any size house or project, all finishes & repair work. Since 1980 – call PLASTERFORCE 0418 286 567 or 9456 7800.

PLASTERER/GYPROCK No Job Too Small. Ph Ray 0412 285 601

#### CLEANING

A QICS CLEANING SERVICES From \$80 per clean. Call 0424 046 669 BEROWRA & HORNSBY CLEANING Berowra to Hornsby. Ph

CLEANING Berowra to Hornsby. Ph Jan 9456 3834.

BY GEORGE WINDOW CLEANING Reasonable rates, free quotes. Call George 0410 332 354

SQUEEGEE PETE WINDOW CLEANING Call Peter for a quote. Professional results at affordable prices 0416 179 213 or 9987 2659 BUSINESS

OPPORTUNITIES

AT HOME WE EARN \$2000 per week.Info pack www.wk-smart.com Ph Jenni 0414 777 072

DRIVING INSTRUCTION ALL DAY DRIVING SCHOOL For local professional tuition in man & auto. Lic 012893. Phone Richard 0425 317 684.

GOOD2GO DRIVING SCHOOL Auto, Lic 012237, Ph Darlene 0407 456 671

#### **FENCING**

FENCING Pool, security, boundary, renovations, carports, excavations, driveways, shop fit-outs Ph Albert 0409 657 316 Lic:133125c

PAINTER
SAM SUNG PAINTING &
DECORATING New & repaint, int/
ext, free quotes, all work guaranteed
Lic 223324c call now 0403 102 933
POSITIONS VACANT

YARD HAND / DRIVER Timber & Hardware Building Supplies Looking for a yard hand / driver to join Their busy team. This is a perm opportunity for the right Candidate. SKILL & ATTRIBUTES: Current Licence, Customer service skills, Be fit & healthy as manual handling is required Email Resume to: sales@berliantimbers.

EDUCATION

ACADEMIC EXCELLENCE of Achievement. MATHEMATICS 7-12, Ph 9456 3459.

FRENCH TUTORING Home tuition.All levels. Native speaker & experienced teacher.0438 271 855. marieblancafort@gmail.com

MATHEMATICS Home tuition from a qualified teacher & experienced tutor. Ph 0418 448 759 or chrishav2001@ yahoo.com.au

MUSIC TUITION
HALF PRICE GUITAR, BASS &
SINGING LESSONS Recording
studio avail. Exp. Pro. near Mt Kuringgai Station. 0431 385 216 www.
refroman.com.au

KINDERBEAT FROM 30MTHS OLD \$20 www.somethingmusical.com PIANO & THEORY HORNSBY

Exp & qualified teacher. All ages, all syllabuses Ph 9477 1379 PIANO, VIOLIN & Musicianship. Professional tuition, All levels, Ph

Professional tuition, All levels. Ph Lorraine Samuel (Piano) 9456 2088 Anne Samuel (Violin) 0429 235 923

#### **WEDDINGS**

WEDDING DUO and band available to suit your budget. Call Mick 0418 112 675

HEALTH, FITNESS & BEAUTY

BEROWRA PHYSIOTHERAPY Pacific Hwy. Massage, back pain, sports injuries. Ph Jackie Walford 9456 3322 / 0414 925 477

**BLUE MOON REMEDIAL** 

MASSAGE for tense, stressed muscles, 10-7.30, Mon-Sat. H/F 41 Edgeworth David Ave, Hornsby. Ph 9482 9962 BOWEN, THE ORIGINAL, back, frozen shoulder, knee, ankle, sciatica. Fund Rebate. ATMS Ph Lindy 9456 0488.

HEALTH NATURALLY Dietary & lifestyle advice & support for many conditions. 0418 890 045 www. health-naturally.com.au

HERBALIFE Products Ph 0425 252 364 / www.healthebiz.com.au

NATUROPATH. CLINICAL NUTRITION. Grace Hamilton Natural Health. Kid's health, reproductive health/fertility, autoimmunity, healthy aging & general health. Berowra & Hornsby. 1300 554 373. www. gracehamiltonnaturalhealth.com

QIGONG TAI CHI FIRST CLASS FREE Anne 9985 9046. aemotty@

gmail.com REBECCA CHRISTENSEN

CHIROPRACTIC Gentle & caring treatment in our Berowra based clinic, Mon-Sat. Freecall 1300 790 889

TAEKWONDO KID'S SUMMER PROGRAM Mick & Janelle Marr 9456 3934

**PETS** 

A SHANNY THE NANNY Call Shannon Ph 9457 9162

**ANIMAL WALKING & MINDING** Tailored care. Jess 0433 957 248. animalminding.net

ARATAH DOG TRAINING Puppy & adult dog classes. Obedience & agility for beginners. Behaviour management.9456 4157 or 0421 028 219

Minding Services. Colleen 0423 135

**DESIGNER DOGS GROOMING** 

Serving Hornsby area since 1995.Unit 5/113 Hunter St Hornsby (prev located Edgeworth David Ave)Ph 9482 5119

KAT 'N' KAPOODLE DOG GROOMIN SALON Friendly & prof. service. All breeds, local. Kathryn 0423 737 732

FOR HIRE

A DJ with LIGHTS - 0416-188-108 FOUND

EARRING Silver, dangly found Berowra Waters Rd approx. 20/7 9456

**KEY** Found at Bus Shelter at Berowra Village



# RUN IT TILL YOU SELL IT COND. APPLY



2006 1.8 XC MANUAL HARD TOP CONVERTIBLE HOLDEN TIGRA. Great fun, two seater, low mileage, rego to Feb 2016. \$8,500 ono. 0407 733 881



NISSAN TERRANO 1991 4wd, diesel 275ks great motor, gear box. Amazing tyres 9mths rego \$4500 ono Ph 0434 490 239



AUDI A3 1.4TFSI AUTO 2009 Excellent condition A3 Sportsback, Audi serviced 139,000Kms, full 12 mth rego, leather seats, parking sensors, \$13,000 Call 0418 978 322



2012 AVAN EUROSTAR CARAVAN Done 4 trips wash machine & many extras \$48k ono Ph: 0411 756 745



#### PROPERTY SPRUIKERS PUT ON NOTICE BY REGULATORS

NSW Fair Trading Commissioner Rod Stowe is warning promoters of property investment schemes to operate legally or face sanctions. Australian Consumer Law regulators from around Australia have worked together to examine the practices of a number of promoters.

Mr Stowe said a common theme was consumers being misled about the financial benefits of buying into a particular scheme.

"Regulators across Australia have initiated court action to stop promoters who promise financial benefits they cannot deliver on or who fail to tell people about their cooling-off rights to get out of a service they were pressured into buying at a 'free' seminar," he said. Regulators closely examined the activities of traders between 2013 and 2015. Twenty traders received legal notices requiring them to substantiate claims made in advertisements and at their seminars.

# This prompted legal action against at least 10 entities and their associates:

- No Loan Home Pty Ltd trading as Perth's Easyhomes WA, Filip Butkovic, Nikola Butkovic, Patricia Susilo, Bryan Susilo and Rowan Lines, led by Consumer Protection Western Australia
- We Buy Houses Pty Ltd and its director Rick Otton, led by the Australian Competition and Consumer Commission as a result of a coordinated investigation with NSW Fair Trading
- Benjamin David Chislett, Creative Property Australia
  Pty Ltd and Benny Bull Pty Ltd led by Consumer
  Affairs Victoria. In addition, legally-enforceable
  undertakings were given to regulators by seven
  traders (including Rick Otton and Dymphna Boholt)
  who promised they would modify their behaviour,
  including changing their advertising and to stop
  making misrepresentations. A total of 67 education/
  warning letters were also issued.

"We are sending the message to the industry that they have to act fairly with consumers or face action by consumer law regulators using the Australian Consumer Law," the Commissioner said.
"Failure to do so will render the promoter liable for civil and criminal penalties, in some instances up to \$1.1 million for a corporation and \$220,000 for an individual."

Before buying an investment property from a property promoter, consumers should conduct their own research and always obtain independent financial and legal advice.

#### Consumers should also be wary of:

- high pressure sales tactics characterised by rushed decision making and contract signing and the payment of fees (including discounts offered to seminar attendees who sign up on the day)
- inferences that a system is 'government approved'
- claims of capital growth rates that may not be independent or credible
- spruikers who don't allow questions or who ignore or downplay the risks and costs involved
- spruikers who suggest specific investment opportunities such as a particular property development, as they may be receiving a commission or have an undisclosed interest in it
- spruikers pushing people to buy properties interstate that cannot be seen, or off the plan properties that do not yet exist
- spruikers requiring participants to sign non-disclosure agreements

If, in conjunction with the sale of goods, services or real estate, the promoters engage in credit or financial services including financial advice in relation to self-managed super funds, they need to operate within the laws that cover the provision of credit or financial advice, administered by the Australian Securities and Investments Commission.

ASIC has recently taken a number of actions against entities for providing advice on self-managed super funds without being licensed and for misconduct under the Australian Consumer Law and consumer credit laws.

Some scheme promoters also need to be licensed by state agencies to promote property sales.

Further information on the Australian Consumer Law is available at www.consumerlaw.gov.au. Enquiries can be made to NSW Fair Trading on 13 32 20 or at www.fairtrading.nsw.gov.au.











#### Keen to Help you by

- Representing you in the NSW Parliament
- Assisting you to access State services
- Communicating your issues to the relevant Ministers
- Organising Justice of the Peace applications
- Recognising State achievements

Contact Matt

(02) 9476 3411 hornsby@parliament.nsw.gov.au PO Box 1687, Hornsby Westfield NSW 1635



matt keanmp 🎁 facebook.com/mattkeanmp



Experts In All Foot and Leg Adults And Children

#### NEW PRACTICE

Leg pain, Knee pain, Shin splints, Sports injuries, Back pain, Tinea, Ingrown toenails, Corns, Calluses, Diabetics, Warts, Heel pain, Plantar fasciitis, Heel spurs, Growing Pains. Gait analysis, all kinds of orthotics, footwear advice.

WE TREAT HEEL PAIN

Call 9482 2227

for an appointment

519 Pacific Hwy (opp McDonalds) Mt Colah NSW 2079

www.completefeetpodiatry.com.au

20,000 letterbox delivered every Thursday Published online every Tuesday. Delivered to Waitara, Hornsby, Hornsby Hts, Asquith, Mt Colah, Mt Kuring-gai, Berowra, Berowra of The Bush Telegraph Weekly. PRINTED: by SpotPress Pty Ltd 24-26 Lilian Fowler Place Marrickville 2204 NSW Australia (02) 9549 1111 www.spotpress.com.au PUBLISHED: by The Bushland Shire Telegraph Pty Ltd READ ONLINE: thebushtele. Marketplace Shopping Centre 19 Turner Rd Berowra Hts NSW 2082. PO Box 80 Weekly are subject to copyright and may not be reprinted in any media without written



Please contact Christine christine@thebushtele.com.au 0415 381 882



#### CALL FOR EXHIBITION PROPOSALS

The Grace Cossington Smith Gallery invites proposals for solo and group exhibitions from emerging and established artists and curators for 2016. Applications close Friday 13 November 2015.

Visit www.gcsgallery.com.au

# **CREATIVITY** IN WARTIME

THE GRACE COSSINGTON SMITH GALLERY NEEDS

#### YOU

TO SHARE YOUR CREATIVE TREASURES

The Grace Cossington Smith Gallery is presenting an exhibition in April 2016 that will focus on imaginative responses to the First World War.

These items could be: paintings, drawings, trench art, music, designs, embroidery, stories and poems in letters

They may have been produced by a serviceman but might also have been made by a non-serving family member or friend duing the First World War.

Contact the gallery before 14 February 2016









Art award exhibition: 7 November to 5 December 2015

Gallery hours Monday to Saturday 10 am-5 pm FREE ENTRY | Gate 7, 1666 Pacific Highway, Wahroonga | 02 9473 7878 qcsqallery@abbotsleigh.nsw.edu.au | www.qcsqallery.com.au An Anglican Pre K-12 Day and Boarding School for Girls